



Online Class Catalog



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ABOUT OREGON CARE PARTNERS

Oregon Care Partners is a free, high-quality education resource. Since 2014, we have helped family and professional caregivers build the knowledge and skills needed to improve the quality of life and care of older adults and people living with Alzheimer's in Oregon.

Learn more at OregonCarePartners.com.

HOW TO REGISTER

Anyone who lives or works in Oregon can create an account and register for free classes from Oregon Care Partners. Classes listed below are offered in the Relias Online Learning Dashboard.

Login to your OregonCarePartners.com account and [Go to Relias](#) to register and start classes.

For assistance, please call our Support Team at 1-800-930-6851 toll free or email us at info@oregoncarepartners.com.

CONTINUING EDUCATION UNITS (CEUs)

Oregon Care Partners is an automatically approved sponsor for Assisted Living and endorsed Memory Care administrator and Adult Foster Home Aging and People with Disabilities, Adult Mental Health, and Developmental Disability provider credits by the Oregon Department of Human Services, Safety, Oversight, and Quality Unit.

Oregon Care Partners trainings are approved for Residential Care and Nursing Home administrator credits in accordance with the Oregon Health Licensing rule Chapter 853, Division 50, CEU domains.

If you are unsure whether an Oregon Care Partners class qualifies for CEUs for your license type, please check with your licensing authority for acceptable CEU requirements.

SPANISH LANGUAGE CLASSES

* Indicates classes with a Spanish language option.

Activities for Meaningful Care	Duration	CEUs
Activities for People Living with Dementia	1 hour	1.0
Activities: Where the Action Is	30 min	0.5
Alzheimer's Disease and Related Disorders: Activities*	1 hour	1.0
Alzheimer's Disease and Related Disorders: Psychosocial Care	1 hour	1.0
Alzheimer's and Dementia: Positive Approach to Care®/Teepa Snow		
The Art of Caregiving	2 hours	2.0
Challenging Behaviors in Dementia Care	2.5 hours	2.5
Creating Quality of Life in Dementia Care	2.5 hours	2.5
The Journey of Dementia	3 hours	3.0
Living at Home with Mid to Later Stage Dementia	1.5 hours	1.5
Progression of Dementia: Seeing GEMS® Not Just Loss	2 hours	2.0
Teepa Snow: Meaningful Activities	15 min	0.25
Teepa Snow: Music	15 min	0.25
Teepa Snow: Seeing it from the Other Side Chapter 1: 3 Responses to Dementia	45 min	0.75
Teepa Snow: Seeing it from the Other Side Chapter 2: The Caregiver Agenda	15 min	0.25
Teepa Snow: Seeing it from the Other Side Chapter 3: Normal Aging	1 hour	1.0
Teepa Snow: Seeing it from the Other Side Chapter 4: What's Not Normal	30 min	0.5
Teepa Snow: Seeing it from the Other Side Chapter 5: The Right & Left Brain	45 min	0.75
Teepa Snow: Seeing it from the Other Side Chapter 6: Determining Dementia	30 min	0.5
Teepa Snow: Seeing it from the Other Side Chapter 7: The Umbrella of Dementia	30 min	0.5
Teepa Snow: Seeing it from the Other Side Chapter 8: Brain Failure	30 min	0.5
Teepa Snow: Seeing it from the Other Side Chapter 9: Teepa's GEMS®	30 min	0.5
Teepa Snow: Seeing it from the Other Side Chapter 10: Positive Physical Approach	45 min	0.75
Teepa Snow: Seeing it from the Other Side Chapter 11: Hand-under-Hand Technique	30 min	0.5
Teepa Snow: Seeing it from the Other Side Chapter 12: Thrive to Survive	45 min	0.75
Teepa Snow: Seeing it from the Other Side Chapter 13: Changing Habits	45 min	0.75



Alzheimer's and Dementia: Positive Approach to Care®/Teepa Snow	<u>Duration</u>	<u>CEUs</u>
Teepa Snow: Seeing it from the Other Side Chapter 14: Eating with Hand-under-Hand	15 min	0.25
Teepa Snow: Seeing it from the Other Side Chapter 15: Challenging Behaviors	30 min	0.5
Care for the Caregiver		
Dementia Care: Caregiver Self-Care*	10 min	0.1
Stress Management for the Caregiver	1 hour	1.0
Challenging Behaviors		
Alzheimer's Disease and Related Disorders: Behavior and ADL Management*	1 hour	1.0
Alzheimer's Disease and Related Disorders: Behavior Management*	1 hour	1.0
Behavior Support and Developmental Disabilities	45 min	0.75
Caring for Persons with Dementia - Behaviors and Communication	1 hour	1.0
Client Rights & Ethics		
Alzheimer's Disease and Related Disorders: Family and Ethical Issues*	1 hour	1.0
Ethics and the Care of Persons Living with Dementia	1 hour	1.0
Health Insurance Portability and Accountability Act and Client Rights	1 hour	1.0
Resident Rights in Assisted Living*	1 hour	1.0
Safeguarding Resident Rights in Nursing Facilities*	1 hour	1.0
Communication Strategies		
Alzheimer's Disease and Related Disorders: Communication*	1 hour	1.0
Be There: People Come First	1 hour	1.0
Communication and People with Dementia*	1 hour	1.0
Effective Communication Skills	1 hour	1.0
Cultural Awareness		
Cultural Diversity and the Older Adult*	1.25 hours	1.25
Respecting Diversity: Residents, Staff and Families	1 hour	1.0
Understanding Cultural Differences in the Senior Population	1 hour	1.0
Use of Cultural Competence and Humility in Palliative Care	1 hour	1.0
Working More Effectively with the LGBTQ+ Community	2 hours	2.0



Daily Care	Duration	CEUs
A Day in the Life of Henry: A Dementia Experience	15 min	0.25
Alzheimer's Disease and Related Disorders: ADLCare*	1 hour	1.0
Assessing and Managing Pain*	1 hour	1.0
Assisting with Personal Care	1 hour	1.0
Assisting Residents with Activities of Daily Living	2 hours	2.0
Body Systems and the Aging Process	1 hour	1.0
Caring for Persons with Dementia: ADLs, Nutrition and Hydration	1 hour	1.0
Common Ambulatory Aids	1 hour	1.0
Dementia Care: Bathing*	1 hour	1.0
Dementia Care and Co-morbidities	30 min	0.5
Elimination and Toileting	1 hour	1.0
First Aid*	30 min	0.5
Encouraging Client Independence*	1 hour	1.0
Proper Positioning*	1 hour	1.0
Transferring Safely Self-Paced*	15 min	0.25
Techniques for Safe Swallowing and Feeding*	1 hour	1.0
The Fatal Five	1 hour	1.0
Wheelchairs and Other Ambulatory Aids	1 hour	1.0
Environment		
Alzheimer's Disease and Related Disorders: The Physical Environment*	1 hour	1.0
Environment: Creating a Sense of Calm	1 hour	1.0
Environment: Routines and Consistency for Comfort	1 hour	1.0
Elder Abuse Prevention		
Elder Abuse Prevention, Investigation and Reporting	2 hours	2.0
Emergency Preparedness (Professionals)		
Emergency Preparedness Regulations	1.5 hours	1.5
Fire Safety and Emergency Preparedness	2 hours	2.0
Natural Disasters and Workplace Emergencies: An Overview*	30 min	0.5
Fall Prevention		
Introduction to Fall Risk Management for Older Adults	1 hour	1.0
Identifying Fall Risk in Assisted Living	1 hour	1.0

Fall Prevention (continued)	<u>Duration</u>	<u>CEUs</u>
Understanding Falls in the Home*	30 min	0.5
Health Service Operations (Professionals)		
Monitoring Changes of Condition	1 hour	1.0
Observation, Reporting and Recording	1 hour	1.0
Service Plans for Assisted Living Facilities*	1 hour	1.0
Infection Prevention and Control		
About Infection Control and Prevention*	1 hour	1.0
Mental Health Care & Trauma Informed Care		
Depression and Suicide in Older Adults	1 hour	1.0
Older Adults and Behavioral Health Issues	1.5 hours	1.5
Psychosocial Issues	1 hour	1.0
Substance Use Disorders and Treatment	1 hour	1.0
About Trauma Informed Care*	1 hour	1.0
Understanding Mental Illness*	30 min	0.5
Nutrition & Hydration		
Dementia Care: Nutritional Goals and Approaches	1 hour	1.0
Managing Nutritional Status - Malnutrition and Dehydration	1 hour	1.0
Nutrition and Hydration at the End of Life	45 min	0.75
Understanding Nutrition and Hydration*	45 min	0.75
Palliative Care		
Advanced Care Skills in Late-Stage Dementia	2 hours	2.0
Care Planning: Preparing for End of Life	30 min	0.5
Discussing Grief, Loss, Death and Dying	1 hour	1.0
End of Life Care & Letting Go	2 hours	2.0
End of Life Care and Treatments	1 hour	1.0
End of Life Cultural Considerations: Religion and Spirituality	1.25 hours	1.25
Hospice Care vs. Palliative Care	1.5 hours	1.5
Person-Centered Care		
Introduction to Person-Centered Care in Assisted Living	1 hour	1.0



Person-Centered Care	Duration	CEUs
Let's Get Real: Being Person-Centered in a Task Oriented World	1 hour	1.0
Person-Centered Care Planning for People Living with Dementia	1 hour	1.0
Pre-Service Dementia Care Training (Professionals)		
Pre-Service Dementia Care Training for Direct Care Staff	6 hours	6.0
Safe Medication Management		
Alzheimer's Disease and Related Disorders: Medical Care*	1 hour	1.0
Assisting with Self-Administration of Medications: The Basics*	1 hour	1.0
Assisting with Self-Administration of Medications: Guidelines*	1 hour	1.0
Assisting with Self-Administration of Medications: Medication Orders*	1 hour	1.0
Basics of Medication Management	1 hour	1.0
Documenting Medications	1 hour	1.0
Medication Management Assistance	1 hour	1.0
Medication Management: PRN Meds	1 hour	1.0
Medications and Dementia	1 hour	1.0
Polypharmacy, Adverse Drug Reactions, and Drug Calculations	1 hour	1.0
Providing Medication Assistance	1 hour	1.0
Safely Monitoring the Medication	1 hour	1.0
Sexuality and Capacity to Consent		
Aging and Sexuality: For LTC Professionals	1.5 hours	1.5
Ethical Issues of Sexuality and the Older Adult	1 hour	1.0
Sexuality and Persons with Dementia*	30 min	0.5
Signs & Symptoms of Alzheimer's and Dementia		
Alzheimer's Disease and Related Disorders: An Overview*	1 hour	1.0
Dementia Care: Hallucinations and Delusions	1 hour	1.0
Dementia Care: Understanding Alzheimer's Disease*	30 min	0.5
Help is Here: When a Resident Has Dementia	3.5 hours	3.5
Understanding Alzheimer's Disease	1 hour	1.0
Understanding Dementia*	1 hour	1.0
Understanding Wandering and Elopement*	45 min	0.75
Transitions		
Managing Transitions of Care*	1 hour	1.0



SUGGESTED TRAINING PLANS

Diversity and Inclusion	<u>Duration</u>	<u>CEUs</u>
Cultural Diversity and the Older Adult	1.25 hours	1.25
Respecting Diversity: Residents, Staff and Families	1 hour	1.0
Understanding Cultural Differences in the Senior Population	1 hour	1.0
Use of Cultural Competence and Humility in Palliative Care	1 hour	1.0
Working More Effectively with the LGBTQ+ Community	2 hours	2.0
Intro to Health Service Operations (Professionals)		
Effective Communication Skills	1 hour	1.0
Identifying Fall Risk in Assisted Living	1 hour	1.0
Monitoring Changes of Condition	1 hour	1.0
Observation, Reporting and Recording	1 hour	1.0
Protecting Resident Rights	1 hour	1.0
Providing Medication Assistance	1 hour	1.0
Service Plans for Assisted Living Facilities*	1 hour	1.0
Life Enrichment and Social Engagement		
Activities for People Living with Dementia	1 hour	1.0
Alzheimer's Disease and Related Disorders: Psychosocial Care	1 hour	1.0
Activities: Where the Action Is	30 min	0.5
Creating Quality of Life in Dementia Care	2.5 hours	2.5
Aging and Sexuality: For LTC Professionals	1.5 hours	1.5
Let's Get Real: Being Person-Centered in a Task Oriented World	1 hour	1.0
Teepa Snow: Meaningful Activities	15 min	0.25

SUGGESTED TRAINING PLANS

Mental Health Care for Older Adults	<u>Duration</u>	<u>CEUs</u>
Depression and Suicide in Older Adults	1 hour	1.0
Let's Get Real: Being Person-Centered in a Task Oriented World	1 hour	1.0
Older Adults and Behavioral Health Issues	1.5 hours	1.5
Psychosocial Issues	1 hour	1.0
Substance Use Disorders and Treatment	1 hour	1.0
About Trauma-Informed Care*	1 hour	1.0
Understanding Mental Illness*	30 min	0.50
Medication Management for Unlicensed Med Techs (Professionals)		
Be There: People Come First	1 hour	1.0
Documenting Medications	1 hour	1.0
Falls in Assisted Living	1 hour	1.0
Introduction to Person-Centered Care in Assisted Living	1 hour	1.0
Providing Medication Assistance	1 hour	1.0
Safely Monitoring the Medication	1 hour	1.0
Quality of Life for Older Adults		
Assessing and Managing Pain*	1 hour	1.0
Creating Quality of Life in Dementia Care	2.5 hours	2.5
Aging and Sexuality: For LTC Professionals	1.5 hours	1.5
Encouraging Client Independence	1 hour	1.0
Exercise and Fall Prevention in Seniors	1 hour	1.0
Health Insurance Portability and Accountability Act and Client Rights	1 hour	1.0
Let's Get Real: Being Person-Centered in a Task Oriented World	1 hour	1.0
Managing Nutritional Status - Malnutrition and Dehydration	1 hour	1.0
Palliative vs. Hospice Care	1.25 hours	1.25
Sexuality and Persons with Dementia*	30 min	0.5



SUGGESTED TRAINING PLANS

Basic Care Skills for Family Caregivers	<u>Duration</u>	<u>CEUs</u>
Assisting with Bathing*	15 min	0.25
Assisting with Dressing*	30 min	0.5
Basic Care Skills - Pain	5 min	0
Basic Care Skills - Skin Care	5 min	0
Basic Cleaning in the Home*	30 min	0
Basics of Hand Hygiene*	15 min	0.25
Giving a Complete Bed Bath*	15 min	0.25
How to Perform Range of Motion Exercises	3 min	0
Nail and Foot Care*	15 min	0.25
Oral Hygiene: Assisting with Brushing and Flossing*	15 min	0.25
Providing Denture Care*	15 min	0.25