

# Free Webinars from Oregon Care Partners



## Family Caregiver Webinar Series

Oregon Care Partners' expert instructors and guest presenters share helpful information and answer your important questions on a variety of caregiving topics in this free webinar series for unpaid caregivers. Login or create a free account at [OregonCarePartners.com](https://OregonCarePartners.com) to register.

Join the series on the following Tuesdays from 7:00 pm to 8:30 pm.

- **Mar 14** [Suicidal Ideation in Older Adults: Caring Through the Pain of Living](#)  
*In collaboration with Oregon Older Adult Behavioral Health Initiative*
- **Mar 28** [Understanding Challenging Behaviors in Dementia](#)  
*Shelly Edwards, Positive Approach to Care® Certified Trainer, Oregon Care Partners Instructor*
- **Apr 11** [Living Well with Parkinson's Disease: Exercise and Nutrition](#)  
*Libby Kennard, Mid-Valley Coordinator & Peggy Rost, Social Worker, Parkinson's Resource of Oregon*
- **Apr 25** [Living Well with Parkinson's Disease: Socialization, Self-care, and Education](#)  
*Libby Kennard, Mid-Valley Coordinator & Peggy Rost, Social Worker, Parkinson's Resource of Oregon*
- **May 09** [Dementia Q&A: What are your questions?](#)  
*Allison Lindauer, PhD, NP, Associate Professor of Neurology, OHSU School of Medicine*
- **May 23** [Oregon Dementia Road Map for Family Caregivers](#)  
*Stephanie Herro, Oregon Department of Human Services*

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