

BE THE CONNECTION

Loneliness and Older Adults

Loneliness Trainings are facilitated conversations to bring awareness to the issue of loneliness in our aging population. Learn about the impacts of loneliness on Alzheimer's, physical health, and mental health,. An important discussion for older adults, providers, caregivers, and anyone seeking to learn how to be the connection.



Tuesday, May 28th from 1:30-3:00 pm
Monday, June 24th from 1:30-3:00 pm
Thursday, July 18th from 10:00-11:30 am

Location:
Public Services Building
2051 Kaen road, Room 369A
Oregon City, OR 97045

Email hwronski@clackamas.us to register.
To schedule a Loneliness Training for your group or organization call the Clackamas County ADRC at 503-650-5622.