

# Sisters Fall Prevention Symposium

*For Healthcare Providers*

**Friday, May 17 11 AM to 1:30 PM**

Sisters Community Church      1300 McKenzie Hwy, Sisters, OR

- Featuring Dr. Elizabeth Eckstrom, Chief of Geriatrics at OHSU, speaking on the implementation of fall prevention strategies in the clinical setting.
- Physical and environmental assessments for falls
- Fall prevention resources in Central Oregon, including Tai Chi instructor training

Lunch will be provided  
Certificates of Completion available  
2 Hours NASW CEUs Pending

**Please RSVP to Heather Miller at [hmiller@sistersfire.com](mailto:hmiller@sistersfire.com) by Friday, May 10**

**Elizabeth Eckstrom, MD, MPH, MACP**, is Professor and Chief of Geriatrics in the Division of General Internal Medicine & Geriatrics at Oregon Health & Science University (OHSU). She leads the geriatrics practice within the OHSU Internal Medicine Clinic, championing geriatric best practices in the vibrant combined Division, and teaches students, residents and geriatric fellows. Her research focuses on promoting a healthy lifestyle in older adults, with an emphasis on tai chi for falls prevention. She also conducts studies to enhance interprofessional teamwork in falls prevention and has developed and tested electronic health record tools to facilitate uptake of evidence-based practices. She co-directs OHSU's Healthy Aging Alliance.

